



THE ROWANS PRIMARY SUPPORT SERVICE

OUTREACH SUPPORT MENU

D.E.N Project

Developing Engagement through Nature

See our flyer

Behaviour support

- School based support plans
- ABC forms and recording behaviour
- Supporting staff to manage challenging behaviour
- Social stories to support positive behaviour
- Using a restorative approach (includes resources)
- Setting up individual workstations using the TEACCH approach
- Classroom resources/visuals
- Declarative language scripts

Year 6 transition to Secondary school

We can run a bespoke program at our D.E.N to help prepare children for the transition to Secondary school to ensure the best possible start in Year 7.

- Increase confidence
- Improve self-esteem
- Develop resilience
- Cope with change
- Make friends
- Learn new skills
- Liaise and share information with secondary school.

Nurture groups/Nurturing provisions

We can help you set up a nurturing provision within your school setting

- Nurture sessions and resources
- Nurture planning support
- Boxall profiling, SNAP assessments and monitoring progress/recording data
- Supporting staff to run independent sessions

Speech, language and communication (ELKLAN Programme)

We can run interventions to support the communication skills of children with identified speech, language and communication needs.

Want to know more?

Look at our website -

www.therowans-THAT.org.uk

Health and wellbeing coaching

Health and wellbeing coaching helps children deal with negative belief systems that stops them from achieving their goals and enjoying life. By identifying what is important to them and setting small achievable goals, they can begin to grow a positive mindset and build healthy habits for the future.

Offsite interventions

We can offer individual offsite interventions at the DEN specifically designed to help support the child and give them experiences and opportunities they may not be able to otherwise access.

Nature based interventions (offsite)

We offer bespoke nature based interventions in our garden based at The Rowans AP. These can be individual or with a small group of children.

Friends for life – FRIENDS program

A 6 week program for individual or small groups helping children develop resilience and positive life-coping skills to help them deal with whatever life throws their way.

Draw to talk

A 12-week therapeutic method of working with children to address personal childhood trauma.

*Cannot be used alongside other therapies/counselling

Emotion coaching

Emotion coaching is a relational approach to supporting emotional regulation in children and young people and help manage behavioural outbursts.

Sand tray therapy

An expressive therapeutic approach that can be used with children who have experienced trauma and is especially successful for EYFS and KS1.

Attention, comprehension and listening

Activities to develop the ability to understand and focus on specific tasks, sounds or instructions. Used to develop attention, comprehension and listening skills.

Mindfulness, meditation and breathing

Mindful practices can encourage kindness in children and help them manage their emotions. Teaches children how to focus the mind and find calm.

Blob Tree

A 1-1 or group intervention exploring feelings and developing understanding of emotions, empathy and self-awareness.

Autism support

- Attention autism
- TEACCH trays
- Communication boards
- The use of visuals
- Creating a sensory diet

Motor skill development

A variety of interventions to support the development of both fine and gross motor skills as well as primitive reflexes, sound processing and visual processing.

- Fit to Learn
- Fizzy
- Dough Disco
- BEAM