AT THE ROWANS PRIMARY WE TEACH SAFEGUARDING THROUGH

SCIENCE/FOOD

- Developing understanding of personalhygiene, healthy eating, nutrition and physical wellbeing.
- Teaching pupils about their bodies, personal care, growth and age-appropriate physical changes.
- Promoting the safe handling of food, equipment, materials and practical resources.
- Developing awareness of allergies, contamination, harmful substances and everyday health risks.
- Teaching pupils to recognise hazards, follow safety instructions and seek appropriate adult support.
- Encouraging independence and responsibility through practical food preparation and healthy lifestyle choices.

PSHE

- Developing understanding of healthy relationships, friendships, family relationships, respect and equality.
- Teaching personal boundaries, privacy, consent, body autonomy and the right to feel safe.
- Helping pupils recognise abuse, inappropriate contact, bullying, discrimination and unsafe situations.
- Developing emotional awareness, mental wellbeing, resilience and appropriate strategies for managing worries.
- Teaching pupils about online relationships, harmful content, exploitation and personal safety.
- Developing understanding of medicines, harmful substances, basic first aid, puberty and personal hygiene, as appropriate.
- Teaching pupils to distinguish between safe surprises, unsafe secrets and situations requiring adult support.
- Ensuring pupils know how to communicate concerns, identify trusted adults and seek help for themselves or others.

ART/DT

- Promoting the safe use of tools, equipment and materials during practical activities.
- Teaching pupils to recognise hazards, follow instructions and use appropriate protective equipment.
- Developing responsibility, cooperation and respect for others within shared learning environments.
- Promoting creativity, self-expression and respect for individual differences.
- Teaching appropriate use of photographs, images and digital resources, including consent and privacy.
- Supporting independence and safe decision-making through structured practical experiences.

OPAL

- Developing understanding of safe risk-taking and recognising hazards during outdoor play.
- Teaching the safe use of climbing equipment, bikes, scooters and outdoor resources.
- Promoting cooperation, turn-taking, personal boundaries and respectful physical interactions.
- Developing problem-solving, independence and appropriate decision-making in practical situations.
- Supporting emotional regulation, resilience and positive relationships through play.
- Teaching pupils to recognise physical risks, communicate discomfort and seek adult assistance.

TRIPS/VISITS

- Developing awareness of personal safety in unfamiliar environments and public spaces.
- Teaching road safety, pedestrian awareness, transport safety and appropriate behaviour within the community.
- Promoting understanding of personal boundaries and safe interactions with unfamiliar people.
- Developing pupils' ability to recognise hazards, follow safety instructions and make informed choices.
- Teaching pupils how to respond if separated from their group or faced with an emergency.
- Supporting independence, communication and confidence through supervised real-life experiences.
- Reinforcing the importance of seeking support and communicating concerns to trusted adults.

PE

- Promoting the safe use of equipment, appropriate physical activity and injury prevention.
- Teaching pupils about body awareness, personal space and appropriate physical contact.
- Developing understanding of privacy, dignity and safe changing arrangements.
- Promoting inclusion, teamwork, confidence and respect for individual abilities.
- Challenging bullying, discrimination, body shaming and inappropriate behaviour.
- Reinforcing the importance of communicating concerns and respecting personal boundaries.
- Developing understanding of physical health, exercise and emotional wellbeing.

ENGLISH / READING

- Using age-appropriate stories and texts to explore relationships, emotions, safety and respectful behaviour.
- Developing vocabulary to communicate feelings, personal needs, worries and concerns.
- Exploring characters' experiences to recognise unsafe situations, manipulation and inappropriate behaviour.
- Promoting empathy, kindness, inclusion and understanding of different family structures and experiences.
- Developing listening, speaking and communication skills to support confident self-expression.
- Using social stories, role-play and visual resources to reinforce personal safety and help-seeking.

COMPUTING

- Developing understanding of online safety, privacy and protecting personal information.
- Teaching pupils to recognise unsafe contact, cyberbullying, inappropriate content and online manipulation.
- Promoting safe and responsible use of tablets, computers, apps and digital communication.
- Developing awareness of passwords, digital footprints and the risks of sharing personal images.
- Teaching pupils to question unfamiliar information, recognise misleading content and avoid unsafe links.
- Developing understanding of consent before taking, recording or sharing photographs and videos.
- Ensuring pupils know how to report online concerns and access support from trusted adults.

Rowans Primary